

Gluten Free Menu



Starters

Homemade Smoked Ham & Lentil Soup or Soup of the Day	£3.95
Served with a Gluten Free Roll & Butter	
Fresh Honeydew Melon (v)	£4.95
Honeydew Melon with a Mixed Winterberry Compote & a Dusting of Cracked Black Pepper	
Beetroot Cured Salmon Gravalax	£5.95
Scottish Salmon Cured in Beetroot, Lemon, Sugar and Salt, Drizzled with Extra Virgin Olive Oil. Served with a Horseradish Crème Fraiche and Garnished with Rockette	
North Atlantic Prawn Cocktail	£5.25
Peeled Prawns Bound in a Marie Rose Sauce, Served over Cos Lettuce	
Homemade Chicken Liver Pancetta & Brandy Pate	£4.95
Served with a Gluten Free Roll & Cranberry Sauce	
Pan-Fried Garlic Mushrooms (v)	£5.25
Button Mushrooms Pan-Fried with Garlic White Wine, Cream & Parsley. Served on Gluten Free Toasted Bread, Topped with Shavings of Parmesan	
Bruschetta Pomodoro (v)	£4.50
Ripened Cherry Tomatoes with Fresh Basil Balsamic Vinegar and Extra Virgin Oil <i>Served on Gluten Free Toasted Garlic Bread</i>	
Pomodoro (v)	
Served with Melted Mozzarella Cheese £4.95 Served with Parma Ham £5.25	
De Manzo	£5.50
Strips of Beef Marinated in Fresh Chillies, Soy Sauce & Ginger with Orange Segments & Spring Onions	
Chicken Wings	£3.95
Tender Chicken Wings, Smothered in a Sweet Spicy Paprika Sauce, Served with Gluten Free Garlic Bread	
Chicken & Chorizo Casserole	£3.95
Stewed Chicken Breast, Chorizo Sausage & Chick Peas in a Spiced Napoli Sauce with a Side of Gluten Free Garlic Bread	

Mains

Pepper Chicken	£7.50
Supreme of Chicken with a Fondant Style Potato & our Very Own Pepper Sauce. Served with Seasonal Vegetables	
Stuffed Chicken	£10.95
Breast of Chicken Wrapped in Bacon, Stuffed with Cajun Spiced Peppers, Red Onion & Mozzarella Cheese, Served with Sautéed Potatoes & Greens, Drizzled with Sundried Tomato Oil	
Oven Baked Escalopes of Scottish Salmon	£12.95
Escalopes of Salmon Served with a Capers & North Atlantic Prawn Butter, Accompanied with Baby Boiled Potatoes & Char-Grilled Vegetables	
Zuppa De Pesce	£12.95
A Tomato Infused Seafood Soup, with Clams, Mussels, Crevette's, Haddock, Salmon & Queenie Scallops Served with a Side of Gluten Free Garlic Bread	
Grilled Fillets of Sea Bass	£14.95
Sea Bass Fillets, Served with Crushed Garlic Potatoes, a Mint & Pea Puree. Drizzled with Basil Oil & Served with a Side of Char-Grilled Vegetables	
Grilled Whole Lemon Sole – On or Off the Bone	£18.95
Grilled Whole Lemon Sole, Served with a Black Olive Tapenade, Sun Blushed Tomatoes & a Dill & Chive Dressing. This Dish is accompanied with Baby Boiled Potatoes & Char-Grilled Vegetables	
Scottish Highland Roe Deer	£12.95
Pan-Fried Roe Deer with Pomme Parisienne, Sautéed Greens, Butternut Puree & Garnished with Redcurrants	
Gressingham Duck Breast	£15.95
Duck Breast Pan Fried and Served with an Orange, Pinenut & Sautéed Potato	
Burgers	
As per A la Carte Menu <i>Served with a Gluten Free Bun</i>	
Steaks	
As per A la Carte Menu <i>Red Wine Jus is not available Gluten Free....</i>	