



## **Granny’s Footsteps**

**Location:** Indoors and Outdoors

**Age Range/skills required:** Any age can play

**Learning Objective:** To have fun while developing self control and gross motor skills

**Curriculum area (s)** PE, PSHE

**Resources:**

**Instructions:**

One player stands at the front with their back to the rest.



- **To Play:**

The other players creep up behind that person and try to touch them.

At any time Granny can turn around.

When this happens the players must freeze.

If Granny sees anyone moving they have to go back to the start. First person to reach Granny and touch them is the new Granny.