



Student Athletes Disciplinary Action Guideline

1st offense: Warning

- Verbal discussion about conduct.

2nd offense: Side Out

- Ask student to move self to the side of practice area to think about conduct and focus on being a positive participant of class.

3rd offense: Physical activity is used in age appropriate way as a refocusing tool for athletes.

- Physical activity examples: pushups, jumping jacks, squats, wall sit, short run.

Continual Offenses:

- Verbal discussion is revisited between the coach and the athlete and a side out, or age appropriate physical activity is then issued.
- Athlete's behavior is then relayed by the head coach to next authority (either parent or school staff member). Schools have authority to require meetings with parents.

Severe Offense:

- Athletic Coordinator is notified in the case of school program.
- Discussion between the coach and athlete occurs. Student may be removed from activities.
- A school can decide to have a meeting with the athlete's parents where it is then determined if the athlete needs to be pulled from the program.

Team Discipline (Multiple Offenders):

- The class (team) is given verbal discussion on what offense occurs. A refocusing exercise can then be used

Coach Reminder:

Coaches please remember that in the arena of our employment we are dealing with children. They are sensitive, and motivated in different ways. Therefore, some athletes may need a different combination of these tactics. However, verbal warning is always given on the first offense. Discipline should be used as motivation and correction.

Printed Name of Coach: _____

Signature of Coach: _____

Date: _____

Contact information

Phone: (602) 540-2140

Website: www.sportskidzaz.org

Email: nicolep@sportskidzaz.org