



# ANGELICA M. ATKINS

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## OBJECTIVES

To facilitate restoration and transformation through creative expression

To create a safe, stimulating environment for therapeutic interaction

To work with like-minded professionals in support of families, children, adolescents and adults

## SPECIALIZED SKILL SET

- Fostering therapeutic relationships through empathic listening and open-ended dialogue
- Supporting clients in self-exploration through arts media
- Developing treatment plans and tracking clinical progress toward client goals
- Composing professional, cross-cultural and multimedia communications

## EDUCATION

2013-2015 Post Graduate Diploma, Kutenai Art Therapy Institute

2007-2011 BSc. hons. Biology: Pre-Med, Liberty University

## WORK EXPERIENCE

2014 Summer Intern, Kutenai Art Therapy Institute

- Community art show for Canadian Art Therapy Association conference
- Administrative support including bookkeeping, communication and scheduling

2015 Kootenay Kids Society practicum

- Post-natal mothers art therapy group

2015 Ministry of Children & Family Development practicum

- Parenting art therapy group with weekly themes and art reviews

2013-2015 Kutenai Art Therapy Institute practica

- Art therapy sessions with individual child clients
- Open Studio for community members

2013-2015 Trafalgar Middle School practica

- Adolescent girls' art therapy group with self-esteem and anxiety reduction focus
- Adolescent boys' art therapy group with emotional regulation focus

- 2014 Private practice practicum
  - Creativity and prayer art therapy group for women
- 2013-2014 Jubilee Manor practicum
  - Art therapy group for elderly and disabled residents with emphasis on life review
- 2014 Wildflower Elementary School practicum
  - Boys' Art therapy group with a focus on social skills
- 2011-2013 Receptionist, Liberty University College of General Studies
  - Office operations including communication, inventory, scheduling and record-keeping
- 2008-2009 Assistant Writer/Editor, Liberty University Promotional Publications
  - Online blog, promotional materials and news articles

#### **AREAS OF INTEREST**

- Human Development
- Group Dynamics
- Cultural Identity
- Expressive arts therapies
- Ecological Identity
- Dreamwork

#### **PROFESSIONAL DEVELOPMENT**

- 2015 Healing Care Ministries Seminar, Ashland Theological Seminary
- 2015 Resiliency and Art Therapy Conference, Ontario Art Therapy Association
- 2015 Poetry Writing and Performance Workshop, Nelson Poetry Slam
- 2014 Art Therapy and Peace Conference, Canadian Art Therapy Association
- 2014 Open Studio and EMDR Workshops, Judith Siano
- 2014 Children's Book Illustration Summer School, Anglia Ruskin University
- 2014 Understanding Grief Seminar, Dr. Alan Wolfelt
- 2014 Sand Tray Therapy Workshop, Nelson Community Services Centre
- 2014 Expressive Therapies Workshop, Markus Alexander
- 2013 Expressive Arts Therapies as Medicine Institute, Expressive Media Inc.

#### **PUBLICATIONS**

- 2015 Arts-based Research Thesis, Kutenai Art Therapy Institute
- 2013 National Television Commercial Script, Liberty University Promotional Publications
- 2011 Clinical Literature Review Thesis, Liberty University
- 2009 Published Poetry, LAMP Literary Magazine

#### **PERFORMANCES/EXHIBITIONS**

- 2015 Opening Song, Ontario Art Therapy Association Conference keynote address
- 2015 Art Exhibit and Poetry Performance, Nelson Blue Night
- 2014 Duet, Canadian Art Therapy Association Conference closing ceremony
- 2013 Spoken Word Poetry Performance, Blake Parker Roadshow
- 2010 Open Poetry Readings, Liberty University Undergraduate Writing Center

## **MEMBERSHIPS/OFFICES**

- 2015 Qualifying Member, College of Registered Psychotherapists of Ontario
- 2015 Professional Member, Canadian Art Therapy Association
- 2015 Graduate Member, Ontario Art Therapy Association
- 2011 Treasurer, Premed Honor Society, Liberty University
- 2008 Historian, Alpha Lambda Delta National Honor Society

## **AWARDS/GRANTS**

- 2011 Magna Cum Laude, Liberty University
- 2008-2011 Honors Program, Liberty University

## **VOLUNTEER EXPERIENCE**

- 2015 Assistant to Musical Director and Set Designer, Uxbridge Youth Theatre
- 2015 Fundraiser and beneficiary events volunteer, Jennifer Ashleigh Children's Charity
- 2013 Logo designer, Bedford Pregnancy Center 5K Charity Run
- 2010 Haiti Earthquake Relief Team Spiritual Leader, Centre Chretien de l'enfant Haitien
- 2009-2010 Emergency Department Representative, Lynchburg General Hospital
- 2009 Senegal Health Clinic and English Camp volunteer, Light Ministries

## **REFERENCES**

Available upon request.

