**Western Medicine General Practitioners – MD’s**

[Andrea Franchette, MD and Michael Zimmerman, MD](http://www.tcreekmed.com/)  
Temescal, Oakland

[Careen Whitley, MD](http://www.wellness.com/dir/2030879/family-doctor/ca/)   
350 30th St, Oakland   
(510) 419-0230

**Dermatologists**

[Richard Graham, MD](http://www.healthgrades.com/physician/dr-richard-graham-yfbld)  
Oakland and Alameda

[Kathy Fields, MD](http://www.yelp.com/biz/kathy-fields-md-san-francisco)   
2100 Webster St., Ste 505, San Francisco   
(415) 923-3377

[Vic Narurkar, MD](http://www.yelp.com/biz/vic-narurkar-md-san-francisco)  
2100 Webster St., Ste 505, San Francisco  
(415) 923-3377

**Ear Nose and Throat**

[Laurie Schweitzer, MD](http://www.yelp.com/biz/laurie-schweitzer-md-berkeley)   
2999 Regent St., Berkeley   
(510) 548-1717

**Urologist**

[Dr. Stuart Rosenberg](http://www.yelp.com/biz/rosenberg-m-stuart-md-san-francisco)   
2186 Geary Blvd, Ste 214, San Francisco  
(415) 922-3255

**Gastroenterology**

[Dr. Neil Stollman](http://www.norcalgi.com/div2/drneilstollman.php)   
3300 Webster St., Ste 312, Oakland   
(510) 444-3297

[Dr. Jonathon P. Terdiman](http://cancer.ucsf.edu/people/profiles/terdiman_jonathan.3682)   
2330 Post St., Suite 610, San Francisco  
(415) 502-4444

[Elizabeth Gleghorn, MD](http://www.vitals.com/doctors/Dr_Elizabeth_Gleghorn/profile) (pediatric)   
742 52nd St., Oakland   
(510) 428-3058

**Gynecology**

[Goldee Gross, MD and Bill Isenberg, MD](http://www.yelp.com/biz/goldee-gross-md-oakland#query:gynecologist)  
365 Hawthorne Ave, Oakland  
(510) 893-1700

[Alice Canaan, RNP](http://www.yelp.com/biz/alice-cannan-rnp-berkeley#query:gynecologist)  
2915 Telegraph, Ste 200, Berkeley  
(510) 203-8190

[Betsy Kanwit, M.D., Risa Kaga, MD, and Katarina Lanner-Cusin, MD](http://www.yelp.com/biz/)  
2915 Telegraph, Ste 200, Berkeley  
(510) 204-8190

**Endocrinologists**

[Nathan Becker, MD](http://www.yelp.com/biz/nathan-becker-md-san-francisco)  
350 Parnassus Avenue, Ste 707, San Francisco  
(415) 681-7707

[Eric Buxton, MD](http://www.yelp.com/biz/eric-c-buxton-md-san-francisco)  
S.F. and Greenbrae  
(415) 464-8677

[Grace Eng MD](http://www.vitals.com/doctors/Dr_Grace_Eng/profile) and [Elaine Wong MD](http://www.vitals.com/doctors/Dr_Elaine_Wong/profile) 350 30th St., Ste 320, Oakland  
(510) 465-6700

[Holtorf Medical Group](http://www.holtorfmed.com/)  
Foster City

[Richard Shames, MD](http://thyroidpower.com/)  
Marin

**Various Practitioners**

**Homeopaths**

[Christine Ciavarella, PA](http://www.yelp.com/biz/hahnemann-medical-clinic-el-cerrito) (children)  
Hahnemann Clinic at El Cerrito Plaza  
(510) 524 3117

Iris Hagen Ratowsky   
1654 University Ave (@Jefferson), Berkeley  
(510) 548-1403

[Lori Nairne, RN](http://www.yelp.com/biz/lori-nairne-rn-homeopathy-san-francisco)   
San Francisco  
(415) 751-1261

**Facials/Estheticians**

[Shelly Gomez](http://www.yelp.com/biz/shelly-gomez-esthetician-oakland)  
5358 College, Oakland   
(510) 206-9063

[Shelley Brooks](http://myconsciousskincare.com/about/)  
Alameda

[Perricone MD](http://www.yelp.com/biz/perricone-md-berkeley)   
Recommended practitioner: Vonnie  
1833 4th St, Berkeley  
(510) 809-4366

**Bodywork**

**Massage**

[Justin Wright](http://www.yelp.com/biz/bodywright-massage-therapy-berkeley-2)  
‘Medical’ Massage  
1116 Cowper St., Berkeley  
(510) 219-9666

[Noreen Greenblatt](http://www.yelp.com/biz/noreen-buyers-greenblatt-el-cerrito)   
501 Kearney St Ste. B, El Cerrito. 510-725-2735

[Christine D’Allance](http://www.yelp.com/biz/christine-d-allanc%C3%A9-massage-berkeley-2) – same building as Abigail Surasky, L.Ac.   
2006 Dwight Way, Ste 103, Berkeley. 510-915-0356

Gonzalo Villablanca, CMT - same suite as Abigail Suasky, L.Ac.   
Lymphatic and Swedish Massage   
510-207-1407

[Body Mind & Spirit Massage Therapy Center](http://www.yelp.com/biz/body-mind-and-spirit-massage-therapy-center-oakland)  
On-call rotation of practitioners.   
6206 Claremont Ave, Oakland  
(510) 547-6716

[Zen Day Spa](http://www.yelp.com/biz/zen-day-spa-berkeley) - affordable   
811 University (near freeway), Ste 204  
(510) 666-9888

**Craniosacral Therapy**

[Nancy Burke, CST](http://www.nancyburkecst.com/)   
237 25th St, Richmond  
(510) 236-1007

[Michelle Reddel, DC](http://www.yelp.com/biz/reddel-michelle-dc-albany)   
1398 Solano Ave, Albany  
(510) 558-8258

[Noreen Greenblatt](http://www.yelp.com/biz/noreen-buyers-greenblatt-el-cerrito) 501 Kearney St Ste. B, El Cerrito  
(510) 725-2735

[Catherine Henderson, CMT](http://www.catherinehendersoncmt.com/adults.html) (children)   
902 Santa Fe Ave., Albany  
(510) 526-5256

**Chiropractors**

[Reddel Michelle, DC](http://www.yelp.com/biz/reddel-michelle-dc-albany)   
1398 Solano Ave., Albany  
(510) 558-8258

[Beth Davidson, DC](http://www.wellness.com/dir/435295/chiropractor/ca/berkeley/beth-davidson-dc)   
2718 Telegraph, #103, Berkeley  
(510) 845-8201

[Dyanna Anfang, DC](http://www.anfang.com/)   
2234 Channing, Berkeley  
(510) 549-9080

[Ginny Howe](http://www.howegentle.com/)   
1500 Oak View Ave, Albany  
(510) 526-7102

**Exercise and Meditation Practices**

**Yoga**

[Kate Holcombe](http://www.healingyoga.org/bios.html)   
Individualized Yoga plans   
SF

[Niroga Studio](http://www.nirogacenter.org/yoga/classes.php)   
on University and McGee in Berkeley   
Yoga for ALL, at all levels

[Yoga to the People](http://yogatothepeople.com/berkeley/vinyasa/schedule-fees/) (Vinyasa Flow)  
on Shattuck and University in Berkeley   
Affordable yoga – moderately intensive   
[Hot Yoga – Bancroft @ Shattuck](http://yogatothepeople.com/berkeley/berkeley-hot-yoga/schedule-fees/)

**Pilates**

[Roxanne Graziano](http://www.bephysique.com/)   
4171 Piedmont Ave, Suite 204, Piedmont  
(510) 967-8100

**Mindfulness**

[Awakening Joy](http://www.awakeningjoy.info/)   
5-month course, every other Tuesday evening.   
Berkeley or on-line. Every January – June.

**Qi Gong**

[Dr. Bingkun Hu - Qi Gong](http://www.drhuqigong.com/)   
Berkeley

**Fertility**

[Maia Midwifery](http://www.maiamidwifery.com/preconception.htm)  
LGBT Support

**Fertility Clinics**

[Dr. Mary Hinckley, MD, RE](http://rscbayarea.com/)  
Reproductive Science Center, San Ramon

[Heather Huddleston, MD](http://www.ucsfhealth.org/clinics/center_for_reproductive_health/index.html)  
UCSF Center for Reproductive Health

**Fertility Yoga**

[Kat Atkinson](http://www.katatkinson.com/Kat_Atkinson_Yoga/Home.html)  
Yoga Tree   
Sundays, 2:30 – 5:30pm  
2807 Telegraph Ave., Berkeley

Restoring Fertility DVD  
Brandon Horn, Ph.D, L.Ac, and Wendy Yu, Ph.D, L.Ac.

**Pregnancy**

**Prenatal and Postnatal Yoga**

[Saraswathi Devi](http://www.yogalayam.org/)  
Alcatraz off Adeline in Berkeley  
Wed/Sat mornings

[Deborah Saliby](http://www.envisionings.com/)  
7th Heaven on 7th Ave, Berkeley

[Melanie Green](http://www.melyoga.com/)   
1250 Addision Street, Studio 209  and 2121 Bonar Street, Studio C  in Berkeley

**Prenatal Massage**

[Bridget Scadeng](http://www.bridgetscadeng.com/)   
(510) 526-3493   
1676 University Ave, Berkeley

[Christina Del Gallo](http://www.mamamassage.com/)   
East Bay and Marin   
(510) 305-3307

**Prenatal Chiropractor**

[Elon Bartlett, D.C.](http://acornwellness.com/about/elon-bartlett-d-c/)   
2929 Summit, Ste 103, Oakland   
(510) 452-2929

**Homebirth Midwives**

[Beah Haber](http://www.yelp.com/biz/beah-haber-midwife-berkeley)   
2414 Ashby, 2nd Fl., Berkeley   
(510) 655-2229

[Lindy Johnson](http://www.yelp.com/biz/lindy-johnson-cnm-berkeley)   
2107 Dwight Way #102, Berkeley  
(510) 644-0104

[Birthing Center with Midwife](http://pacificamaternity.com/the-birth-center/?lang=en)   
Sonja Cahoon, CNM, and Cindy Lara Haag, LM  
3101 Telegraph, Berkeley  
(510) 280-5543

**Childbirth Classes**

[Janaki Costello](http://lovingarmschildbirthservices.com/Janaki/Classes.html)   
828 San Pablo Ave, Suite 110, Albany   
510-525-1155

**Doulas**

[Ilka Fanni](http://spiralsoflife.vpweb.com/?prefix=www)   
(415) 948-8056   
2327 Spaulding Ave, Berkeley, CA 94703

[Carolynn Melcher](http://carolynnmelchert.com/index.htm)

[Other Doulas](https://sites.google.com/site/doulasoftheeastbay/doulas/birth-doulas)

**Post-Partum Doula**

[Carol Shattuck-Rice](https://sites.google.com/site/doulasoftheeastbay/doulas/postpartum-doulas)   
Berkeley   
510-527-7210

**Placenta Encapsulation**

[Ilka Fanni](http://spiralsoflife.vpweb.com/?prefix=www)   
(415) 948-8056   
2327 Spaulding Ave, Berkeley, CA 94703

[More Pregnancy Resources](http://carolynnmelchert.com/resources.htm)

**Post-Partum Chinese Soups (Zuo Yuezi)**

[Mama Tong](http://www.goodeggs.com/mamatong)   
Berkeley Pick-up at Berkeley Ironworks Gym

**Asian Healing Arts and Studies**

**Chinese Face Reading**

[Lillian Pearl Bridges](http://lotusinstitute.com/)

**Chinese Astrology, Feng Shui, Daoist Studies, Asian Culture**

[Liu Ming](http://www.dayuancircle.org/about/)

**Vedic Astrology**

[James Kelleher](http://www.jameskelleher.com/index.php)

**Intuitives**

[Robert Bourassa](http://www.bestsandiegopsychics.com/about-us/robert-bourassa/)  
Psychic

**Intuitive Healer**

[Beverly Montgomery](http://lovingrealities.com/2.html)  
(510) 316-0939

**Medical Intuitives**

[Anthony Williams](http://www.medicalmedium.net/index)

[Joy Metcalfe](http://joymetcalfe.com/about/)